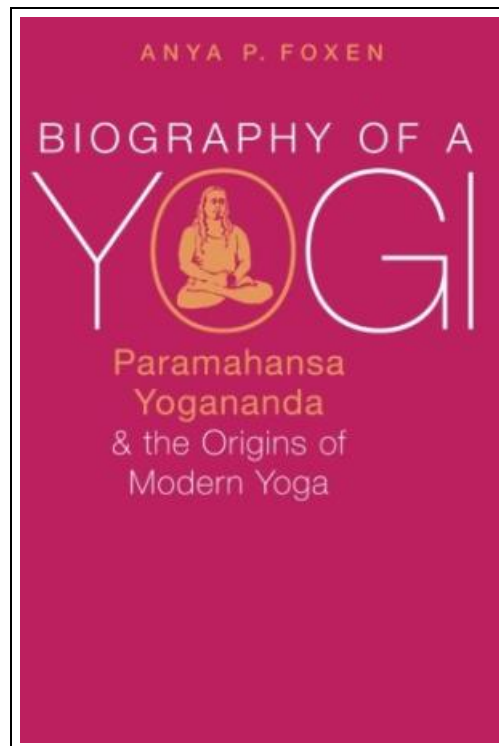


Biography of a Yogi: Paramahansa Yogananda and the Origins of Modern Yoga (Paperback)



Filesize: 9.51 MB

Reviews

Basically no words to describe. We have read through and i also am sure that i am going to going to read once more once again later on. You may like just how the article writer compose this publication.

(Mrs. Jane Quitzon DDS)

BIOGRAPHY OF A YOGI: PARAMAHANSA YOGANANDA AND THE ORIGINS OF MODERN YOGA (PAPERBACK)



To download **Biography of a Yogi: Paramahansa Yogananda and the Origins of Modern Yoga (Paperback)** PDF, please click the link below and download the ebook or get access to other information that are related to BIOGRAPHY OF A YOGI: PARAMAHANSA YOGANANDA AND THE ORIGINS OF MODERN YOGA (PAPERBACK) book.

Oxford University Press Inc, United States, 2017. Paperback. Condition: New. Language: English . Brand New Book. With over four million copies in print, Parmahansa Yogananda s autobiography has been translated into thirty-three languages, and it still serves as a gateway into yoga and alternative spirituality for countless North American practitioners. This book examines Yogananda s life and work to clarify linkages between the seemingly disparate aspects of modern yoga, and illuminates the intimate connections between yoga and metaphysically-leaning American traditions such as Unitarianism, New Thought, and Theosophy. Instead of treating yoga as a stable practice, Anya P. Foxen proposes that it is the figure of the Yogi that give the practice of his followers both form and meaning. Focusing on Yogis rather than yoga during the period of transnational popularization highlights the continuities in the concept of the Yogi as superhuman even as it illuminates the transformation of the practice itself. Skillfully balancing traditional yogic ritual, metaphysical spirituality, physical culture, and a flair for the stage, Foxen shows, Yogananda taught a proto-modern yoga to his American audiences. His Yogoda program has remained under the radar of yoga scholarship due to its lack of reliance on recognizable postures. However, as a regimen of training for the modern Yogi, Yogananda s method synthesizes the spiritual and superhuman aspirations of Indian traditions with the metaphysical and health-oriented sensibilities of Euro-American progressivism in a way that exactly prefigures present-day transnational yoga culture. Yet, at the heart of it all, Yogananda retains a sense of what it means to be a Yogi: his message is that the natural destiny of the human is the superhuman.



[Read Biography of a Yogi: Paramahansa Yogananda and the Origins of Modern Yoga \(Paperback\) Online](#)



[Download PDF Biography of a Yogi: Paramahansa Yogananda and the Origins of Modern Yoga \(Paperback\)](#)

Other eBooks



[PDF] **The Red Leather Diary: Reclaiming a Life Through the Pages of a Lost Journal (P.S.)**

Follow the hyperlink listed below to get "The Red Leather Diary: Reclaiming a Life Through the Pages of a Lost Journal (P.S.)" file.

[Read ePub »](#)



[PDF] **Games with Books : 28 of the Best Childrens Books and How to Use Them to Help Your Child Learn - From Preschool to Third Grade**

Follow the hyperlink listed below to get "Games with Books : 28 of the Best Childrens Books and How to Use Them to Help Your Child Learn - From Preschool to Third Grade" file.

[Read ePub »](#)



[PDF] **Games with Books : Twenty-Eight of the Best Childrens Books and How to Use Them to Help Your Child Learn - from Preschool to Third Grade**

Follow the hyperlink listed below to get "Games with Books : Twenty-Eight of the Best Childrens Books and How to Use Them to Help Your Child Learn - from Preschool to Third Grade" file.

[Read ePub »](#)



[PDF] **Next 25 Years, The: The New Supreme Court and What It Means for Americans**

Follow the hyperlink listed below to get "Next 25 Years, The: The New Supreme Court and What It Means for Americans" file.

[Read ePub »](#)



[PDF] **Your Pregnancy for the Father to Be Everything You Need to Know about Pregnancy Childbirth and Getting Ready for Your New Baby by Judith Schuler and Glade B Curtis 2003 Paperback**

Follow the hyperlink listed below to get "Your Pregnancy for the Father to Be Everything You Need to Know about Pregnancy Childbirth and Getting Ready for Your New Baby by Judith Schuler and Glade B Curtis 2003 Paperback" file.

[Read ePub »](#)



[PDF] **Daddyteller: How to Be a Hero to Your Kids and Teach Them What s Really by Telling Them One Simple Story at a Time**

Follow the hyperlink listed below to get "Daddyteller: How to Be a Hero to Your Kids and Teach Them What s Really by Telling Them One Simple Story at a Time" file.

[Read ePub »](#)