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XINGYI - A MEANS TO AN END



Phk, United States, 2012. Paperback. Book Condition: New. 280 x 214 mm. Language: English. Brand New Book ***** Print on Demand *****. A book covering the tactical theories, training methods and philosophy of Xingyi as taught to Mike Patterson by the late Hsu Hong Chi of Taiwan. Shrfu Patterson is widely considered to be one of the foremost experts in the world on the art of Xingyi. With over 40 years experience (at time of writing) as a fighter, coach..

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- Authored by Mike Patterson
- Released at 2012



Reviews

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