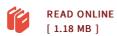


Psychobabble: A Straight Forward, Plain English Guide to the Benefits of NLP (Paperback)

By Donna Blinston

MX Publishing, United Kingdom, 2009. Paperback. Condition: New. Language: English . Brand New Book ****** Print on Demand ******.Psychobabble is a practical text book, written in plain English and broken down into bite size chunks so that all readers can follow and utilize the techniques of Neuro linguistic programming (NLP). After introducing what NLP is and how it originated, the NLP Diploma is then broken down into techniques organized by chapter. Each chapter then follows the same layout, further broken down giving a real world definition, the benefits, the history and/or science and real life examples of the technique. With the chapter finishing with practical exercises for the reader to learn and develop the technique further for themselves.





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