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## Asperger's Syndrome: The Essential Guide

By Hilary Hawkes

Need2Know. Paperback. Book Condition: new. BRAND NEW, Asperger's Syndrome: The Essential Guide, Hilary Hawkes, If you have Aspergers syndrome (AS) or your child or partner does, life can be challenging, difficult and emotionally draining. From coming to terms with a diagnosis and receiving specialist counselling to pursuing careers and maintaining long term relationships, this essential guide takes a positive and practical approach to living with AS. Using tried and tested strategies from those who have lived with the condition, you will discover how to develop communication, how to deal with obsessive behaviour and how to get further help and support. Information for those living with a partner suffering from AS is provided. Chapters are also included for parents whose child has recently been diagnosed with AS, together with advice for teachers and carers. This book wont pretend that living with AS is easy, but it will help you to understand and live positively with the condition.



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