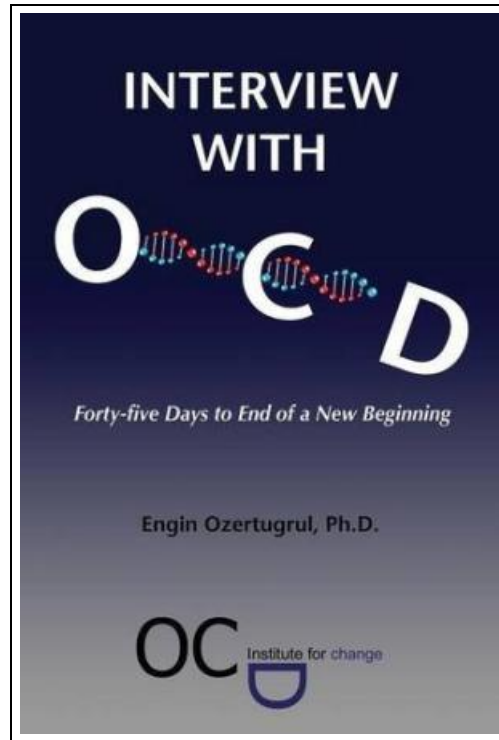


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Reviews

*Merely no phrases to spell out. I actually have read through and i am certain that i will gonna study once again again later on. You wont truly feel monotony at at any time of your time (that's what catalogues are for about should you check with me).
(Jaiden Konopelski)*

INTERVIEW WITH OCD: FORTY-FIVE DAYS TO END OF A NEW BEGINNING



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Ebookit.com, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.The author/researcher explores the process of self-healing during his encounters with OCD using a unique self-search method and integral psychology framework. The book contains the unaltered self-dialogue (self-interview) scripts of the doctoral research. The dialogue is designed to capture the sensual attention through manifestation of OCD s common attributes. Through heightened awareness, author invites us to pathways to self-discovery and change, exploring an experience in and by itself, rather than numbing it with the next dose of treatment. Although, this book is self-contained, it demonstrates the application of the self-healing method described in the author s doctoral dissertation entitled, Heuristic Self-Search Inquiry into One Experience of Obsessive-Compulsive Disorder . Readers are strongly encouraged to read the dissertation, which is provided as a free supplement, to gain a fuller understanding of the method. The book contains a link to download the dissertation (no registration or membership is required).



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