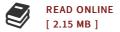


The F.I.T. Files: Balance It Out (Paperback)

By Sue Comeau

Sue Comeau, 2014. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Meet Finn Tilley, a successful life coach - who just happens to be 13 years old. Finn gets a panicked call from his drama-loving best friend Charlie and he knows something big is up. Whenever Charlie is stressed, his voice goes up - right now he sounds like a chipmunk on Red Bull. Charlie needs Finn s help. Charlie went to the doctor and found out his BMI is too high and he s overweight. Now his mom is threatening to take him to ICLI (I Can Lose It) meetings. Charlie is picturing himself in a room with a bunch of hungry old ladies, and he s mortified. And what the heck is BMI anyway? Can he just take some vitamins or something? Charlie needs Finn to help him sort things out. Sure, Charlie has put on a few pounds lately - he has a scooter for his mansion, and his chef bakes oversized cookies, daily. And while Finn and the rest of their friends love being active, Charlie s new favorite activity is reclining. Still, this ICLI thing seems a little drastic. Finn...



Reviews

Unquestionably, this is the greatest operate by any article writer. I could comprehended everything out of this written e ebook. Your way of life span will be transform as soon as you total reading this book. -- Andy Erdman

An extremely awesome pdf with lucid and perfect reasons. I was able to comprehended everything using this published e pdf. You can expect to like how the blogger compose this pdf. -- Miss Peggie Sanford I

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