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75 Simple Middle Eastern Recipes: Step by Step in 250 Photographs: Deliciously Quick and Easy Dishes from Kebabs to Couscous

By Soheila Kimberley

Hermes House, United Kingdom, 2014. Paperback. Book Condition: New. Reprint. 276 x 212 mm. Language: English . Brand New Book. This title features 75 authentic recipes that bring together the very best of a rich, historic and much-loved cuisine. Traditional classics include Taramasalata, Shish Kebab and rose-scented Baklava, together with lesser-known delights such as Persian Chicken with Walnut Sauce, Lamb Couscous, and Date and Nut Pastries. It includes information on all the special ingredients, equipment and techniques needed for Middle Eastern cooking, with helpful hints and tips throughout. This exciting volume presents an enticing selection of 75 dishes from the exotic cuisines of Persia, Syria, the Lebanon, North Africa and Turkey. Recipes range from mouthwatering starters and fragrant rice dishes to delectable pastries and rich desserts; and from skewered meat kebabs to aromatic stews, where poultry and meat are cooked long and slow to sumptuous effect. Some dishes are delicately spiced, tangy and sweet, while others are tantalizingly hot and spicy, all providing a tempting variety of tastes and textures. With recipes for every occasion, the book provides the perfect opportunity to discover this versatile and fascinating cuisine.



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