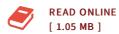




Exceptional Experience and Health: Essays on Mind, Body and Human Potential (Paperback)

By -

McFarland Co Inc, United States, 2012. Paperback. Condition: New. New.. Language: English. Brand New Book. The study of the effect of exceptional experiences and beliefs on health-including anomalous, placebo, or hypnotic healing and mystical, religious, transpersonal, and creative experiences—has expanded and gained wider acceptance. This collection of essays explores the nature of mind, its impact on the body, and the relationship between exceptional experiences and physical health, mental health, and the potential for other types of perception. Examining the influence of spiritual practices, different types of mental imagery, and the practice of alternative healing methods such as reiki and johrei, the pieces propose ways of harnessing positive potential and encourage the expansion of mental health practice to include the full range of exceptional experiences. By normalizing experiences that are often pathologized, this book recognizes that exceptional human experiences can and do have value for physical and mental health.



Reviews

Complete guide! Its such a great study. I am quite late in start reading this one, but better then never. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- Dr. Hermann Marvin PhD

Unquestionably, this is actually the greatest function by any writer. We have go through and so i am confident that i am going to gonna read through once more once again later on. I am just happy to explain how this is actually the very best book i have got go through during my individual existence and might be he greatest ebook for ever.

-- Wilbert Connelly

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Fast Lane Publishing, United States, 2013. Paperback. Book Condition: New. 252 x 178 mm. Language: English. Brand New Book ***** Print on Demand ******.Now Revised Expanded With Brand New Content + 30 New Delicious Nutritious Green Smoothie Recipes Join The Green...



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Book Condition: Brand New. Book Condition: Brand New.



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