



The Mother And The Manager Uncovering the Codependent Nature of Our Male and Female Gender Roles

By Elizabeth Ralston

BalboaPress. Paperback. Condition: New. 220 pages. Dimensions: 8.5in. x 5.5in. x 0.6in. In *The Mother And The Manager* Elizabeth Ralston courageously explores how our traditional gender roles create codependent behaviors in men and women and offers positive, workable solutions toward dealing with this problem. *The Mother And The Manager* takes an in-depth look at how our society has evolved and impacted gender roles into the twenty-first century. As 12-Step recovery groups have flourished in recent years, women have been educated about why they have issues such as low self-esteem, perfectionism, rigidity, relationship failures, inability to get their needs met and fear of conflict. Elizabeth has bravely shared about how patriarchy has impacted her life and how recovery has helped her to empower and heal herself. She will help many who are searching for answers to their questions and will help them on the road to recovery. I salute her ability to face her fears about rocking the boat in writing this book and taking the risk to speak her truth and stay on her God-inspired path Ginger S. Edwards, Licensed Professional Counselor, Licensed Addictions Specialist Specializing in Codependency and Trauma This item ships from multiple locations. Your book may arrive from Roseburg, OR,...



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