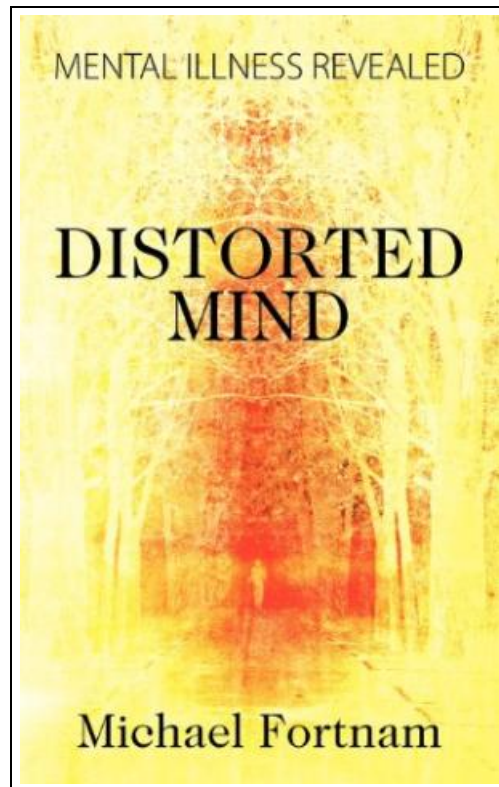


Distorted Mind: Mental Illness Revealed (Paperback)



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Reviews

*Complete guide for publication fanatics. It is full of knowledge and wisdom You will not really feel monotony at at any time of your respective time (that's what catalogues are for about should you question me).
(Arelly Dare)*

DISTORTED MIND: MENTAL ILLNESS REVEALED (PAPERBACK)



Outskirts Press, United States, 2012. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.An Inspiring Personal Story of Overcoming Mental Illness. For Michael Fortnam, a painful level of isolation, emptiness, and confusion had become normal. Severe depression, delusions, and manic episodes tore through his life in ways that people around him couldn't see. Finally, a crisis brought his suffering to the surface, and a shocking arrest led to a lengthy stay in a psychiatric hospital. It was there that he began to accept that many of his thoughts were delusional. Distorted Mind describes the experience of depression, hallucinations, and mania in a straightforward, accessible way that readers will easily empathize with and understand. Michael describes how medication and therapy have allowed him to emerge from mental illness to live a more promising and meaningful life. He is now in a stable relationship, holds a job, and has not been hospitalized since the year 2000. Michael's story gives important encouragement to those who are suffering from mental illness or in a stage of treatment where hope is not yet clear. It also provides valuable information to family, friends, and treatment professionals about what it's like to experience a mental health crisis, and the ways in which caring people can provide support for a successful outcome.



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Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Children s Weebies Family Halloween Night Book 20 starts to teach Pre-School and...

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Createspace, United States, 2015. Paperback. Book Condition: New. Apoorva Dingar (illustrator). Large Print. 214 x 149 mm. Language: English . Brand New Book ***** Print on Demand *****.Klara is a little different from the other...

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