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## The ADHD and Autism Nutritional Supplement Handbook: The Cutting-Edge Biomedical Approach to Treating the Underlying Deficiencies and Symptoms of ADHD and Autism (Paperback)

By Dana Laake, Pamela Compart

FAIR WINDS PRESS, United States, 2016. Paperback. Condition: New. Reprint. Language: English . Brand New Book. More than 90 percent of children diagnosed with ADHD or autism have nutritional or metabolic inefficiencies. Find out if your child is one of those suffering from this condition today, and learn how you can drastically improve your child s symptoms and wellbeing with The ADHD and Autism Nutritional Supplement Handbook. In this groundbreaking new book, doctor-nutritionist team Pamela Compart, M.D. and Dana Laake, R.D.H., M.S., L.D.N., authors of the bestselling TheKid-Friendly ADHD and Autism Cookbook, reveal how to properly and safely implement supplements and dietary changes to affect and counter the symptoms of autism. Through their proven, symptom-by-symptom treatment method, you ll learn exactly what regimens work best in helping your child s brain and body thrive, resulting in improved behavior, attention, mood, language, cognition, and social interaction.



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