



Grumpy Old Menopause (Paperback)

By Carol E. Wyer

Delancey Press Ltd, United Kingdom, 2016. Paperback. Condition: New. Language: English . Brand New Book. Have you started to write post-it notes with your kids names on them? Do you need to change your underwear after every sneeze? Guess it's time to read this book then. It'll help you get through that time in your life with a spring in your step and a smile on your face. With numerous suggestions, sensible advice and amusing anecdotes, Grumpy Old Menopause will help you sail through that tricky part of a woman's life with ease and humour. It should prevent you from turning into Mrs Crabby or worse still, a demonic monster. This is a humorous guide that will entertain and advise women and men who are approaching this phase of their lives.



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