



## Facing Redundancy: Surviving and Thriving: Surviving and Thriving (Paperback)

By Jenny Rogers

McGraw-Hill Education - Europe, United States, 2014. Paperback. Condition: New. Language: English . Brand New Book. Losing your job is one of the hardest challenges most people will face, even if they are volunteers. It can be a shock, a challenge to everything you have taken for granted and can cause upheaval in every aspect of your life. Yet it is possible to move on successfully and this book is about how to make the transition as short and easy as possible whatever your age or experience. It answers questions such as: How do I keep my dignity and self-esteem through the process of being given the news? How do I get the best possible deal and exit with aplomb? How much will it matter to a new employer that I have been made redundant? What is the best way of seizing the opportunity to redesign my life and career? What about money worries while I m looking for a new job? How much do social media matter in job-searching? Which job-search techniques really work and which are a waste of time? What about freelance and interim work? WITH A FOREWORD BY CARY L. COOPER Roger's Facing Redundancy brings...



## Reviews

It becomes an remarkable publication that we have possibly go through. It is among the most remarkable book i actually have read through. Your lifestyle period will likely be transform when you total reading this publication.

-- Dominique Bergstrom

If you need to adding benefit, a must buy book. It really is rally interesting through reading through period. Your way of life period will probably be convert as soon as you total looking over this book.

-- Ms. Kirstin O'Kon

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