



## Your Sexually Addicted Spouse: How Partners Can Cope and Heal

By Barbara A. Steffens, Marsha Means

New Horizon Press Publishers Inc., U.S. Paperback. Book Condition: new. BRAND NEW, Your Sexually Addicted Spouse: How Partners Can Cope and Heal, Barbara A. Steffens, Marsha Means, Sexual addictions and compulsive sexual behavior are growing societal problems, with as many as three to six percent of the world population affected. Your Sexually Addicted Partner shatters the stigma and shame that millions of men and women carry when their partners are sexually addicted. They receive little empathy for their pain, which means they suffer alone, often shocked and isolated by the trauma. Barbara Steffens' groundbreaking new research shows that partners are not codependents but post-traumatic stress victims, while Marsha Means' personal experience provides insights, strategies, and critical steps to recognize, deal with, and heal partners of sexually addicted relationships. Firsthand accounts and stories reveal the impact of this addiction on survivors' lives. Chapters end with "On a Personal Note" questions and propose new paths that lead from trauma to empowerment, health, and hope. Useful appendices list health and mental health care providers and clergy.



READ ONLINE  
[ 5.13 MB ]

### Reviews

*It is a single of my favorite publication. I have read and so I am sure that I will likely to study again once again down the road. I am delighted to let you know that this is basically the greatest publication we have read inside my own life and might be the best pdf for possibly.*

-- **Maria Morar**

*Completely one of the best publications I actually have ever studied. I really could comprehend almost everything out of this written e-publication. Your daily life span will likely be changed as soon as you total reading this publication.*

-- **Prof. Adolph Wisoky**