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Health, Coping, and Well-Being: Perspectives from Social Comparison Theory (Paperback)

By -

Taylor Francis Ltd, United Kingdom, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Over the past decades, the field of health psychology has witnessed a tremendous growth, and social psychologists have contributed substantially to the theoretical foundation of this field. Their research has focused on a wide variety of healthrelevant topics such as how individuals decide to respond to threats to their health and wellbeing, how and why they change their behavior to avoid such threats, and especially, how they adjust to or cope with the risk of threatening disease and with the diseases themselves. As diverse as this literature may be, however, there does appear to be a common theme throughout much of it--the observation that comparison of oneself and one s health status and coping efforts with others is an integral part of the coping process. Consequently, social comparison theory is increasingly becoming recognized as a fruitful framework for illuminating health related issues. A still expanding literature is exploring the role of social comparisons with respect to coping with a wide range of health problems, including cancer, physical decline among the aged, rheumatoid arthritis, AIDS, stress at work and occupational burnout, and...



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