



Self Discipline Mindset: Why Self Discipline Is Lacking in Most and How to Unleash It Now (Paperback)

By Curtis Leone

Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. This book has actionable information that will help you to supercharge your self-discipline to achieve great feats in life. We all set many goals in life and hope that we will achieve them. Unfortunately, many of us don't have the discipline to follow what it takes to transform these goals to reality. We somehow lose our passion and drive to do what needs to be done after setting goals. Think about it; every year, we all set New Year's resolutions with the hope that by the end of the calendar year, we would have changed different aspects of our lives. We start off overly excited that by the end of the year, our life would be completely different. However, that doesn't happen for many of us because we lose our focus and passion for whatever it is that we want to achieve. As you well know, you cannot go far in life if you cannot implement everything needed to transform your goals into reality. You cannot chase your dreams and actualize your goals if you are...



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