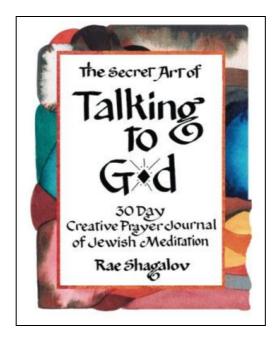
# The Secret Art of Talking to G-D: A 30 Day Creative Prayer Journal of Jewish Meditation (Holy Sparks Soul Journeys) (Paperback)



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Holy Sparks Press, United States, 2015. Paperback. Condition: New. Language: English. Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Speaking to G-d is easy -- or is it? The Secret Art of Talking to God is a step-by-step introduction to Jewish prayer and meditation which is central to Jewish life and faith. The beautiful art and calligraphy of Jewish artist, Rae Shagalov, guided meditations, and creative prayer journal prompts will inspire you to create a consistent, loving, intimate relationship with God in just 30 days. This is the first volume in the Holy Sparks 30 Day Soul Journey series for spiritual and personal growth. You already talk to G-d? Great! You will love that each Soul Adventure in the book focuses on a unique theme to help you develop the nuances of your soul and deepen your relationship with G-d. Never tried to talk to G-d before? These Soul Adventures and meditations will guide you through a magnificent inner journey into your own soul. Enjoy the journey! Embark on a Creative Soul Adventure for the next 30 Days! Talking to G-d is very simple and one of the most powerful of all of the Jewish meditation techniques. It is so important to the growth of the soul and the perfection of the world that our inner resistance will rise in many disguises to try to stop us. This book will help you navigate your challenges and look forward to creating a consistent daily meditation practice. This Holy Sparks Soul Journey includes 30 creative Soul Adventures, Rae Shagalov s beautiful calligraphy Artnotes (suitable for framing), and a link to an exclusive gallery of Rae s inspiring Artnotes and a bonus 31st Soul Adventure. A gem of a book! Rae Shagalov s beautiful book is an amazing gift to give yourself and...

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