



A Manual for Living

By Epictetus

HarperCollins Publishers Inc. Paperback. Book Condition: new. BRAND NEW, A Manual for Living, Epictetus, Epictetus was for former Roman slave and great Stoic philosopher whose talks have been admired for more than 1500 years. Destined to be rediscovered in the tradition of "The Art of War" and Baltasar Gracian's "The Art of Worldly Wisdom". "A Manual for Living" presents the essence of perennial stoic wisdom in aphorisms of insight and simplicity. This instruction book should interest readers with its contemporary and pragmatic reflections on how best to live with serenity and joy. This book is part of the "Little Books of Wisdom" series which offers inspiration, common sense, and perceptions on the big and not so big issues that concern everyone - from faith and feminism to nature, philosophy, literature, business and just getting through the day. The books illuminate daily living, the spiritual life, intellectual pursuits and the world around - all in all, a series which addresses life and how people live it.

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