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SLIM DOWN: THE 57 TOP TIPS THAT OFFERS A COMPLETE GUIDE ON HOW TO LOSE WEIGHT SUCCESSFULLY (PAPERBACK)

Slim Down

The 57 Top Tips That Offers a Complete Guide on How to Lose Weight Successfully

Shahnaz Moghal,
MSc, BSc (Hons).



Createspace Independent Publishing Platform, United States, 2010. Paperback. Condition: New. Language: English. Brand New Book ***** Print on Demand *****.The time has come to seriously deal with the growing population of overweight people in UK and overweight is also having global repercussions. If the problem is ignored, then it will become a bigger problem in the years to come. It is an enemy that exist within society claiming its growing victims as the National Health Service (NHS) in UK...

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