



Season of Wonder (Paperback)

By Tricia Gates Brown

Createspace Independent Publishing Platform, 2016. Paperback. Condition: New. Language: English . Brand New Book ****** Print on Demand ******. Buddhist spirituality teaches that clinging to the impermanent causes suffering-and the true spiritual path is the path to awareness, acceptance, and letting go, the pathway to joy. Mostly I hate this with the shit-fire passion of a bull. Yet I must face the bull in me like the bastions of adrenaline-charged men in Pamplona, or in better moments, the graceful matador choreographing the dance of non-resistance. After experiencing a devastating loss, writer Tricia Gates Brown could no longer write. Seven months later, as she gathered strength, she set out composing short pieces simply as writing practice. Yet the narrative that tumbled out was a surprise. An arc of losing and finding. A journey of self-discovery and wonder.



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