



## Couples Therapy Homework Planner

By Gary M. Schultheis, Steffanie Alexander O'Hanlon, Bill O'Hanlon

John Wiley Sons Inc, United States, 2016. Paperback. Book Condition: New. 2nd Revised edition. 275 x 215 mm. Language: English . Brand New Book. Features new and updated assignments and exercises to meet the changing needs of mental health professionals The Couples Therapy Homework Planner, Second Edition provides you with an array of ready-to-use, between-session assignments designed to fit virtually every therapeutic mode. This easy-to-use sourcebook features: \*71 ready-to-copy exercises covering the most common issues encountered by couples in therapy, such as financial conflict, infidelity, work/home role strain, and separation and divorce \* A quick-reference format the interactive assignments are grouped by behavioral problems including improving communications, handling parenting problems, and resolving sexual issues \* Expert guidance on how and when to make the most efficient use of the exercises \* Assignments are cross-referenced to The Couples Psychotherapy Treatment Planner, Second Edition so you can quickly identify the right exercise for a given situation or problem \* Downloadable content that contains all the exercises in a word-processing format allowing you to customize them to suit you and your clients unique styles and needs Additional resources in the PracticePlanners(R) series: Treatment Planners cover all the necessary elements for developing formal treatment...



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