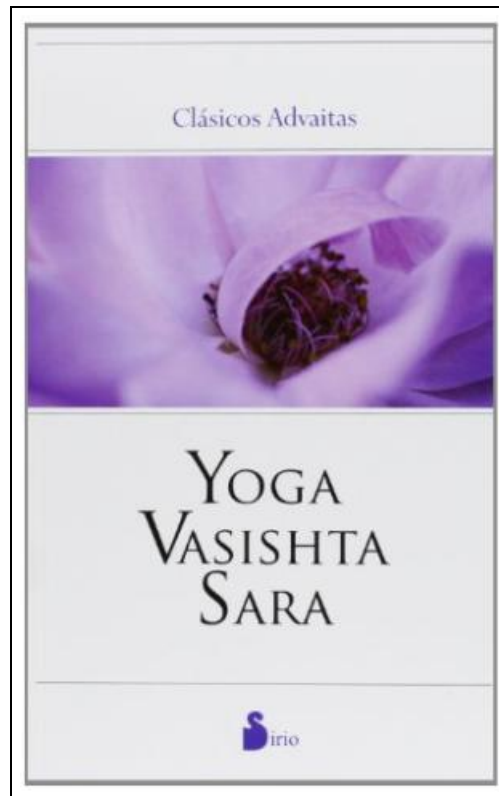


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SIRIO, S.A., EDITORIAL, 2013. soft. Book Condition: New. El Brihat (Grande) Yoga Vasishta o Yoga Vasishta Maha Ramayana, como también se le ha llamado, es una obra de unos 32. 000 versos sánscritos, atribuida a Valmiki, autor del Ramayana. Se considera que contiene la más pura esencia del Advaita (doctrina de la no-dualidad). Hace algunos siglos, fue abreviada por el maestro Abhinanda Pandita, de Kachemira, quien la comprimió en unos 6. 000 versos. Posteriormente, un autor desconocido realizó una nueva condensación, reduciéndola a unos 230 versículos, divididos en diez capítulos, y la llamó Yoga Vasishta Sara (la esencia del Yoga Vasishta). Bhagavan Sri Ramana Maharshi tenía en gran estima al Yoga Vasishta Sara, y acostumbraba a referirse a él. Incluso incorporó seis versículos al suplemento de sus Cuarenta versos sobre la realidad. Al igual que Ramana, otros sabios notables del siglo XX tuvieron gran aprecio por esta joya de la filosofía Advaita.



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