



Ramblings of an Anxious Mind

By Ernest Johnson

Createspace, United States, 2012. Paperback. Book Condition: New. Ernest Johnson (illustrator). 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Ramblings of an Anxious Mind invites readers to witness the emotional evolution as a man confronts his soldier experience. It is a solid premiere from a talented writer, and I could n t help but read it cover to cover in one sitting. I look forward to Johnson s future work. -Adria Amos, poet A chapbook of poems from the mind of a veteran living with anxiety, PTSD and Gulf War Illness. It is a sampling of the roller coaster called life. The many ups and many downs and all of the loops in between. It is a small sampling of the light and dark we all encounter within ourselves as well as in those around us. While some poems in the chapbook are dark in nature and show the struggles of the author as he fights to keep sane, others tell a story of victory and bring light to the dark. From war to whimsical, this chapbook brings to life the ramblings of an anxious mind.

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