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The Way of Soul Lightening

By Aminah Raheem Ph D

Createspace, United States, 2013. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.In this book Aminah Raheem, Ph.D., a transpersonal psychologist, describes the core elements of Soul Lightening and how she has applied it through her more than 30 years as a practitioner, healer, and teacher. Her amazing work, which has been taught in both Europe and the United States, is a unique synthesis of process oriented psychology, acupuncture, past life therapy, inner child healing, chakra healing, and the transformation of past and present life issues. You ll find this book an invaluable addition to your library whether you are interested in personal and spiritual growth for yourself or are an experienced health practitioner exploring further ways of addressing the whole person-body, mind, emotion, and soul. Dr. Raheem describes in detail a wide range of psycho-spiritual tools, principles, and applications for attuning with soul guidance, while providing illustrative healing stories drawn from actual case histories. Arnold Mindell, Ph.D., the originator of Process Oriented Psychology, and the bestselling author of more than 20 books in 23 languages, commenting in the preface of this book, states: Today millions of people are involved,...



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