

Simple But Not Easy: A Practical Guide to Taking the 12 Steps of Alcoholics Anonymous (Paperback)

By Paul H, Scott N

Spiritual Progress Publishing Company, United States, 2013. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. From Simple But Not Easy For over seventy years the Big Book of Alcoholics Anonymous has offered alcoholics a solution to their chronic, progressive, and fatal illness. This solution cannot be found in fighting or quitting or any other human effort. Many people abstain from alcohol for months, even years, by going to meetings, reciting the steps, and exchanging complaints about their lives with other abstinent people. For these people not drinking is their only goal. But abstinence is only the beginning of recovery. It is the Program of Action, particularly Steps 4 through 9, that brings about a spiritual awakening and recovery. This small book offers newcomers, sponsors, and even long-time members of the AA Fellowship a new tool to identify and understand the basic principles of the Big Book. Once that understanding turns to action taking the 12 Steps a spiritual awakening and true recovery can be achieved by anyone.



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