



Applied Kinesiology: Muscle Response in Diagnosis, Therapy and Preventive Medicine (New edition)

By Tom Valentine, Carole Valentine

Inner Traditions Bear and Company. Paperback. Book Condition: new. BRAND NEW, Applied Kinesiology: Muscle Response in Diagnosis, Therapy and Preventive Medicine (New edition), Tom Valentine, Carole Valentine, A practical and reliable diagnostic tool that has emerged over the past twenty-five years, kinesiology is the study of the mechanics of bodily motion, especially muscle movements and their relationship to our body systems. Viewing the body as a balanced triad of structure, chemistry, and mentality, applied kinesiology gauges muscle response to pinpoint underlying physical problems. Within 30 minutes, a competent kinesiologist can evaluate bodily functions and provide a readout on the workings of the glands, organs, lymphatic system, circulatory and nervous systems, circulation, and muscle-bone structure. "Applied Kinesiology" demonstrates how this technique can be of practical use for everyone.

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