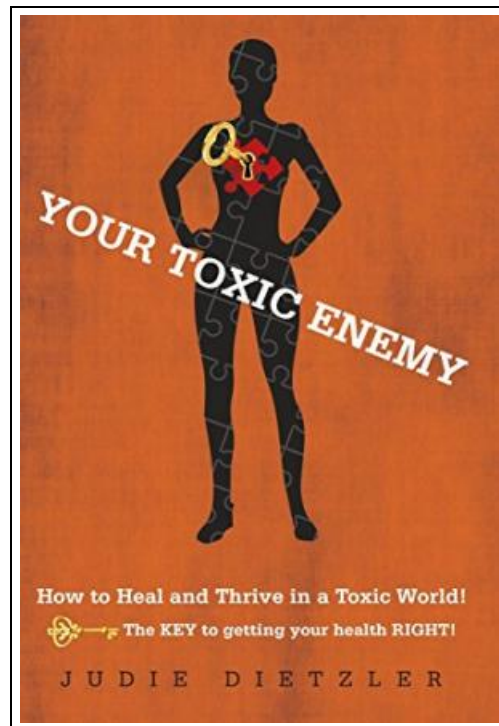


Your Toxic Enemy: How to Heal and Thrive in a Toxic World! (Hardback)



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Reviews

It is great and fantastic. It can be written in easy phrases and never hard to understand. You will not really feel monotony at any time of your respective time (that's what catalogues are for concerning if you request me).

(Michel Halvorson)

YOUR TOXIC ENEMY: HOW TO HEAL AND THRIVE IN A TOXIC WORLD! (HARDBACK)



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iUniverse, United States, 2014. Hardback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.YOUR TOXIC ENEMY is your first step to healing Do you feel that you have exhausted every medical avenue and you aren t any closer to finding the cause of your health problems: Are you sick and tired of being sick and tired? By now maybe everyone you know is telling you that it s all in your head and you re starting believe them.and it could be close to the truth. I know because I ve been there but before you throw in the towel you need to do two things: 1. Listen to your body and 2. Read this book. Toxic chemical facts: ADHD, Alzheimer s Parkinson s disease, and Multiple Sclerosis are diseases of toxic chemical exposure. There has been a 54 increase in cancer among women that work from home due to exposure to household chemicals. The most vulnerable to household toxic chemicals are children, pets, people with compromised immune systems and the elderly. I had a mysterious illness for over twenty years - when simply removing the toxins in my life stopped the symptoms and the healing began. In this book you will learn: How do you recognize if your symptoms are due to toxic chemical exposure? What are the most common household chemicals and how do you find them? How do you eliminate and heal your body from toxins? How do you find the right doctor? The healing power of even the most microscopic exchange with someone who knows in a flash precisely what you re talking about because she experienced that thing too cannot be overestimated. -Cheryl Strayed, *Tiny Beautiful Things: Advice on Love and Life from Dear Sugar*.



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