



Household Remedies: Back to Basics (Paperback)

By Dr Sandi Rogers

Sandi Rogers Publishing, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Household Remedies offers simple yet powerful remedies to assist in the self management of many common conditions. From acne, abdominal bloating and arthritis to cracked heels, constipation, common colds, dry skin, fatigue, poor memory and everything in between Household Remedies offers solutions drawing on products that are readily available and affordable; many already hiding in your pantry disguised as common household products or fruits or vegetables. In an easy to follow format this book is straight forward and goes straight to the solution. The information offered has been tested over more than 3 decades in clinical practice with several thousand clients, confirming the effectiveness of the remedies. Many suggested treatments have been sourced through very old and rare books dating back 100 years at a time when the plethora of pharmaceutical drugs were not available and nature was called upon to provide healing remedies. These treatments are as effective today as they were back then.



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Reviews

I actually started out reading this book. It can be packed with wisdom and knowledge I discovered this ebook from my dad and i suggested this book to understand.

-- Prof. Barney Harris

A really wonderful ebook with perfect and lucid answers. It is rally interesting throug looking at period of time. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- Gustave Moore