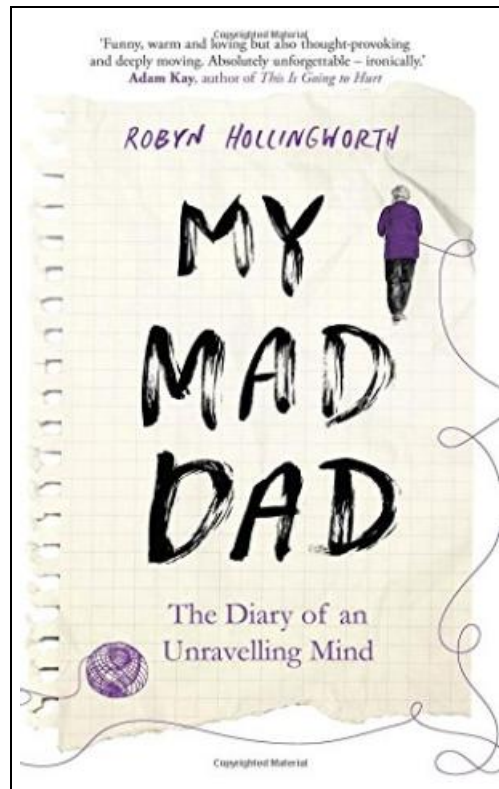


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MY MAD DAD: THE DIARY OF AN UNRAVELLING MIND (HARDBACK)

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Orion Publishing Co, United Kingdom, 2018. Hardback. Condition: New. Language: English . Brand New Book. Inadvertent cross-dressing Attempted murder Jail break A waltz at a funeral A hernia the size of GuernseyHeartbreaking and darkly comic, these are the moments that litter the messy road from cared-for to carer, a journey that Robyn Hollingworth finds herself on when she s only twenty-five years old. Leaving London to return home to rural South Wales, Robyn finds that it s her old life - same teddy bears resting on her pillow, their bodies tucked under the duvet; same view of the garages behind which she d had her first cigarette and first kiss - but so much has changed. Her dad, the proud, charmingly intelligent, self-made man who made people laugh, is in the grip of early onset Alzheimer s. His brilliant mind, which saw him building power stations and literally bringing light into the lives of others, has succumbed to darkness. As Robyn settles back in the rhythms of life in the rain-soaked vast Welsh valleys, she keeps a diary charting her journey as the dad she knew disappears before her eyes. Lyrical, poignant and with flashes of brilliant humour, My Mad Dad explores how in helping others we can heal ourselves. At some point the cared for become the carers.this isn t a shame and it isn t a tragedy and it isn t a chore. It is an honour. To be able to return the gift of love that someone bestows upon you is a gift in itself. This is a story of caring.

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