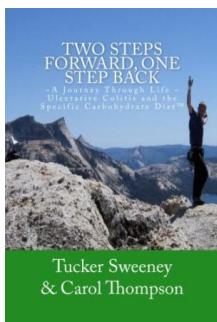


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## TWO STEPS FORWARD, ONE STEP BACK: A JOURNEY THROUGH LIFE, ULCERATIVE COLITIS, AND THE SPECIFIC CARBOHYDRATE DIET



Createspace, United States, 2011. Paperback. Book Condition: New. 226 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Two Steps Forward, One Step Back chronicles the true story of a young man's struggle through the darkness of ulcerative colitis and the trials and triumphs of managing his disease through the Specific Carbohydrate Diet (SCD). At age 23, Tucker Sweeney was living the life any young person would envy. Rock climbing, backpacking, skiing, and traveling were...

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- Authored by Tucker Sweeney
- Released at 2011



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