



Kiss Tell: Releasing Expectations

By A Ndreia J Wilson Ph D

Createspace, United States, 2010. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****. When we expect people to think, feel, or behave in a certain way to please us, we play a game of Emotional Russian Roulette. The chamber is loaded, the barrel is spun, the trigger is pulled, and the disappointment can feel fatal. Every time our expectations are challenged, there is a chance that we will get our feelings hurt. Is your relationship filled with disappointment? Do you find yourself being constantly let down by your significant other? Are you tired of arguing, fighting, and complaining? Are you looking for peace in your relationship? Well look no further. Your expectations for your significant other could be the problem, and if so, you can release your expectations and begin having a less stressful relationship and life starting today. In three simple steps, this mini-book will teach you how expectations kill relationships and what you can do to change the direction of your love life. Dr. A ndrea J. Wilson will guide you step-by-step through the process of letting go and transforming the way you think and respond to your...



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Undoubtedly, this is actually the greatest job by any author. This can be for those who statted there was not a worthy of studying. I am delighted to inform you that this is actually the greatest publication i actually have read within my very own daily life and could be the greatest book for ever.

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It is one of my personal favorite publications. It is actually really fascinating through reading through period of time. It has been printed in an extremely basic way in fact it is just after i finished reading through this ebook by which basically transformed me, change the way in my opinion.

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