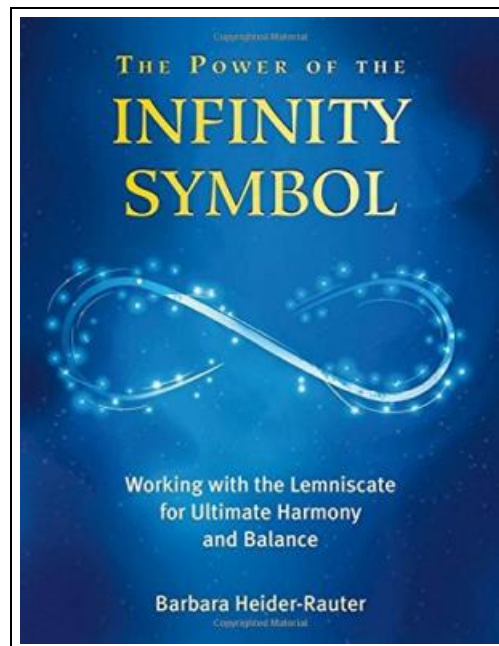


The Power of the Infinity Symbol: Working with the Lemniscate for Ultimate Harmony and Balance (Paperback)



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Reviews

This book is indeed gripping and interesting. It really is rally exciting through studying period. Its been written in an extremely easy way and is particularly merely soon after i finished reading this book through which in fact changed me, affect the way i think.
(Aisha Lemke)

THE POWER OF THE INFINITY SYMBOL: WORKING WITH THE LEMNISCATE FOR ULTIMATE HARMONY AND BALANCE (PAPERBACK)



Earthdancer Books, 2018. Paperback. Condition: New. Language: English . Brand New Book. A guide to the spiritual meaning and magic of the infinity symbol and how to activate its positive powers - Explains how the infinity symbol is the antidote to a negative, imbalanced world and how it can help reconnect the two halves of the brain and achieve balance and harmony in yourself, your relationships, and the wider world - Offers simple and practical exercises that harness the power of the infinity symbol for balance and harmony, including simple visualizations, physical exercises, and directed drawing of the symbol - Explores the many appearances of this universal symbol in history, mythology, different cultures, and the natural world Through the ages, the infinity symbol, a sideways figure eight, has represented eternal development and balance. Also known as the lemniscate, this powerful symbol stands for equilibrium, harmony, and the interconnectedness of all things. Although magical knowledge of symbols has often been kept secret throughout history, today the power of this symbol is available to all. In this accessible, hands-on guide, Barbara Heider-Rauter explores the spiritual world of the infinity symbol in a personal and practical way, allowing each of us to benefit from its positive influence for balance and harmony in ourselves, our relationships, and the wider world. She begins with a short exercise to attune readers to the energy field of the lemniscate. She explains how the infinity symbol offers the perfect response to a system that encourages separation and a world in which the negation of our feelings is often the source of illness and pain. She details simple exercises to reconnect the two halves of the brain, the analytical and the emotional, resulting in harmony and healing. She teaches how to use simple visualisation, physical exercises, and directed drawing...

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