



Guided Imagery and Beyond: Stories of Healing and Transformation (Paperback)

By Terry Reed, Susan Ezra

Outskirts Press, United States, 2008. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Imagination is the window to the soul - Aristotle More than a collection of stories, Guided Imagery and Beyond is a book about transformation. Imagery is the vehicle. This book brings imagery, the most ancient of healing tools, into modern life with grace and sensitivity. It should be read and will be appreciated by health care professionals and consumers alike. - Jeanne Achterberg, PhD Author, Imagery in Healing: Shamanism and Modern Medicine and Healing Intentions (Sounds True, 2008) In this book you will find a wide array of fascinating stories, showing the width and depth of what can be accomplished with guided imagery. Whether it is to heal, achieve optimal performance or to live a life rich in joy and love, mental imagery is the key; through reading these stories you will gain invaluable insight concerning ways to enhance and enrich your own life experience. - Emmett Miller, MD Author, Deep Healing Susan Ezra and Terry Reed s book is profound and moving. It allows us to understand the deeper wisdom and compassion in our own life journeys and in the...

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