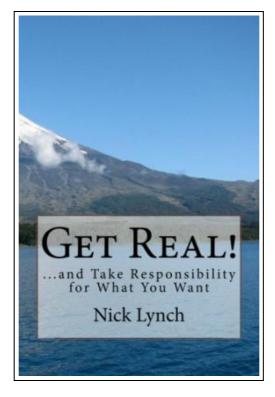
# Get Real!: .and Take Responsibility for What You Want (Paperback)



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## Reviews

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(Tara Jerde)

# GET REAL!: .AND TAKE RESPONSIBILITY FOR WHAT YOU WANT (PAPERBACK)



Createspace, United States, 2015. Paperback. Condition: New. Large Print. Language: English. Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Do you ever catch yourself running around in six different directions at the same time and wonder, Why am I doing all of this? Do you notice that your focus is sometimes split- for example, thinking about work when you are with your family? Do you sometimes wonder if there might be a way that you could live in closer alignment with the deep desires that motivate you? If so, then it is time for you to Get Real! This book will help you: - Identify and surrender the fears that block you - Get honest about what you really want - Put your deepest desires into your weekly routine Get Real! represents the lifetime development of a concept that author Nick Lynch refers to as The Wanter. The deliverable from the simple process outlined in this book is something that Nick calls a Lifestyle Document, a personal roadmap which allows people to live their values every day. Successful clients range from the homeless to Olympic Gold Medalists. One of my highest values for myself as well as for all of the people in my life- friends, family- is authenticity. I think it s really the most important thing, because people give up the idea that everybody needs to try to perfect, for the opportunity to be authentic. And I think that Nick exemplifies authenticity more than anything, and as much as any person that I know. The neat thing is that Nick is an ordinary guy who has achieved extraordinary results in his life and his business. Whoever your audience is, he can inspire and motivate, and give tangible, actual strategies for you to achieve extraordinary results in your life,...



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