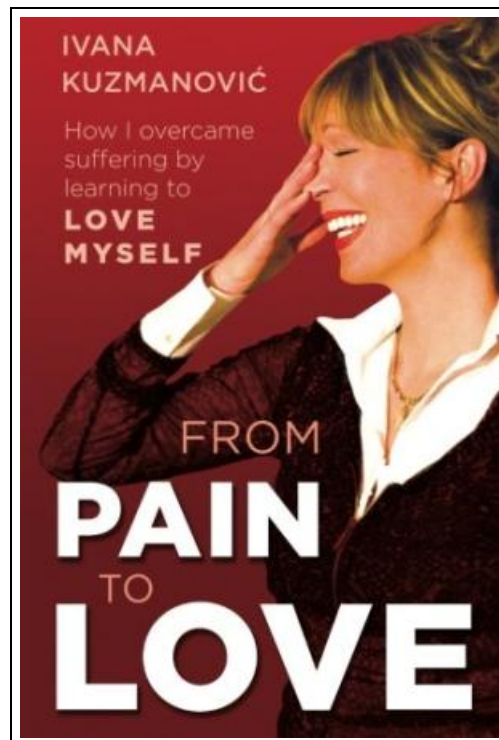


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Reviews

*Just no terms to describe. This is for those who statte that there was not a worth studying. I am just easily can get a enjoyment of studying a written ebook.
(Deshawn Roob)*

FROM PAIN TO LOVE: HOW I OVERCAME SUFFERING BY LEARNING TO LOVE MYSELF (PAPERBACK)



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Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Readers call this book their bible, underline and read several times; professionals - such as psychiatrists, psychotherapists and life coaches are willing to recommend it to their clients. This book heals, inspires us, gives hope, strengthens our faith and supports us. It teaches us and leads, but also gives shelter. Starting from touching personal experiences, emotional downs and seemingly hopeless situations, Ivana Kuzmanovic, leads us through transformation processes in a warm and intimate manner, all the way to healing and achieving the ultimate well-being, i.e. the state of Love. It is Love we strive for and know it must exist, though sometimes seems unreal and unattainable. It is Love that is the source of serenity, joy, happiness, harmony and creation. It is Love that gives purpose and lasts forever. The most important step on the Path of Love that will take us to complete love is to learn how to love ourselves. Though it might at first glance seem to us that there is nothing simpler than that, we need courage, knowledge and skills to achieve self-love. Bojana Glusac, a Psychotherapist and a Paediatrician. Extensive knowledge and experience shown through personal examples, exercises and theoretical explanations of psychological phenomena have made this book inspiring and healing. For some people it represents an initial spark for a change, and for the others strengthening their faith and support, and for those who are already on the way - additional energy and the feeling of belonging. The Study on Love From Pain to Love - How I Overcame Suffering by Learning to Love Myself is divided into several thematic sections: - The Path of Love - describing the difference between love with the lower...



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