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## The 5 Am Club: How to Get More Done While the World Is Sleeping (Paperback)

By Michael Lombardi

Createspace Independent Publishing Platform, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.How The Most Successful People In The World Get Things Done Let s face it, not all of us are morning people. I certainly was not one. There is nothing today like waking up early in the morning, taking your time to enjoy the day first before heading off to your chaotic workplace. You just feel energized throughout the entire day. However, most of us never experience that and end up spending the majority of our days in a cloud of laziness because of waking up later than we should. In this book you will find a variety of different ways to help you wake up early without having to fight against yourself, how to wake up feeling energized and how to wake up and be as productive as possible. Join The 5 AM Club 5 AM is simply a magical time to wake up and begin your day. You will achieve mental clarity and simply get things done. There will be no distractions from your phone, social media or even friends and family - everyone is sleep. Peak Productivity...

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