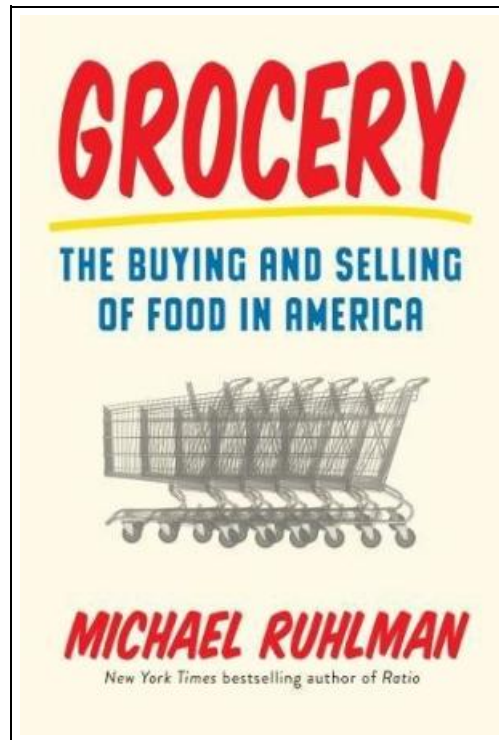


Grocery: The Buying and Selling of Food in America (Hardback)



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GROCERY: THE BUYING AND SELLING OF FOOD IN AMERICA (HARDBACK)



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Abrams, United States, 2017. Hardback. Condition: New. Language: English . Brand New Book. In *Grocery*, bestselling author Michael Ruhlman offers incisive commentary on America's relationship with its food and investigates the overlooked source of so much of it - the grocery store. In a culture obsessed with food - how it looks, what it tastes like, where it comes from, what is good for us - there are often more questions than answers. Ruhlman proposes that the best practices for consuming wisely could be hiding in plain sight - in the aisles of your local supermarket. Using the human story of the family-run Midwestern chain Heinen's as an anchor to this journalistic narrative, he dives into the mysterious world of supermarkets and the ways in which we produce, consume and distribute food. *Grocery* examines how rapidly supermarkets - and our food and culture - have changed since the days of your friendly neighborhood grocer. But rather than waxing nostalgic for the age of mom-and-pop shops, Ruhlman seeks to understand how our food needs have shifted since the mid-twentieth century and how these needs mirror our cultural ones. A mix of reportage and rant, personal history and social commentary, *Grocery* is a landmark book from one of our most insightful food writers.



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