



Regain That Feeling: Secrets to Sexual Self-Discovery: People Living with Spinal Cord Injuries Share Profound Insights Into Sex, Pleasure, Relationships, Orgasm, and the Importance of Connectedness (Paperback)

By Mitchell Tepper Phd

Createspace Independent Publishing Platform, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Surviving a serious injury or illness, or living with a chronic condition, brings a host of physical changes, emotional responses, and relationship challenges. Often you are left feeling like less of a man or woman, defective, undeserving of love, fearing rejection, and avoiding sex. However, injury or illness doesn't have to end your sex life. Through sharing his own story of sexual self-discovery after breaking his neck at age 20, and the stories of research participants and coaching clients, Dr. Tepper, a renowned Sexologist and AASECT Certified Sexuality Educator and Counselor, reveals the secrets that will guide you back to feeling whole and fully alive again. On the way he busts the top myths that are holding you or your loved one back, including: I have no feeling = My sex life is over! I'm not experiencing pleasure or orgasm anymore = Sex is pointless! Why bother? My partner left me, cheated on me, avoided having sex with me = I'm not lovable and I'm not a capable partner. No one will want a person...



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