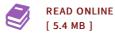


Don T Sweat the Small Stuff. 2018 Day-to-Day Calendar

By Richard Carlson

Andrews McMeel Publishing, United States, 2017. Calendar. Condition: New. Language: English . Brand New Book. The phrase, Don t sweat the small stuff has become part of the American culture and lexicon. With more than 26 million copies of the Don t Sweat books in print over twenty years, it s clear that the wisdom of Dr. Richard Carlson and Kristine Carlson is a staple of self-improvement. This calendar offers timeless, uplifting, tried-and-true strategies on how to live a kinder, more peaceful, joy-filled life. Each page of the Don t Sweat the Small Stuff 2018 Dayto-Day Calendar shares an encouraging thought or practical tip to help reduce daily stresses and develop happier, more balanced, and compassionate lives. With excerpts from a variety of the Don t Sweat books, readers will be inspired all year long.



Reviews

It in one of the best ebook. Yes, it is actually engage in, still an interesting and amazing literature. Its been developed in an exceedingly straightforward way in fact it is just following i finished reading through this book by which basically modified me, alter the way i really believe. -- Mr. Maynard Kessler PhD

Here is the finest publication i have read through until now. I am quite late in start reading this one, but better then never. I am just easily can get a pleasure of studying a created publication. -- Morgan Bashirian