



Empathy: Theory and Application in Psychotherapy

By Renuka Sharma

D.K. Printworld (P) Ltd., New Delhi, India, 2014. Hardcover. Book Condition: New. Dust Jacket Condition: New. First Edition. Empathy is a term much used in popular culture and professional circles. Yet it remains one of the most misunderstood tropes. Most people confuse or conflate empathy with sympathy; though related, these involve somewhat radically different affective or psychological registers. Empathy is founded on the art of understanding a living being's particular mental state or inner condition, in respect of his/her predicament, pain, suffering, anguish, fear, grief, sorrow, frustration, and anger in certain trying circumstances. There can even be comportment with another's joy and exhilaration. Its proper use makes possible a much deeper understanding of human communication, relation, intentionality, and action. As such its cognate in the Eastern or contemplative practice of compassion (karuna, metta, kripa) toward another, and also to *sorge* or "care" in phenomenological hermeneutics. Thus, there are cognitive, affective and ethical components in the practice of empathy. The importance of empathy whether in everyday life or as a clinical tool in therapeutic and palliative settings cannot be more emphasized. The book demonstrates the way in which using empathy as a means of diagnosis leads to different, more successful results...



[READ ONLINE](#)
[8.52 MB]

Reviews

This pdf is so gripping and exciting. I actually have go through and that i am confident that i will going to read once again once more in the future. I discovered this publication from my dad and i advised this ebook to discover.

-- **Mr. Elwin McGlynn Jr.**

The book is straightforward in read safer to recognize. This really is for anyone who statte there had not been a worthy of looking at. You may like just how the blogger create this publication.

-- **Friedrich Nolan**