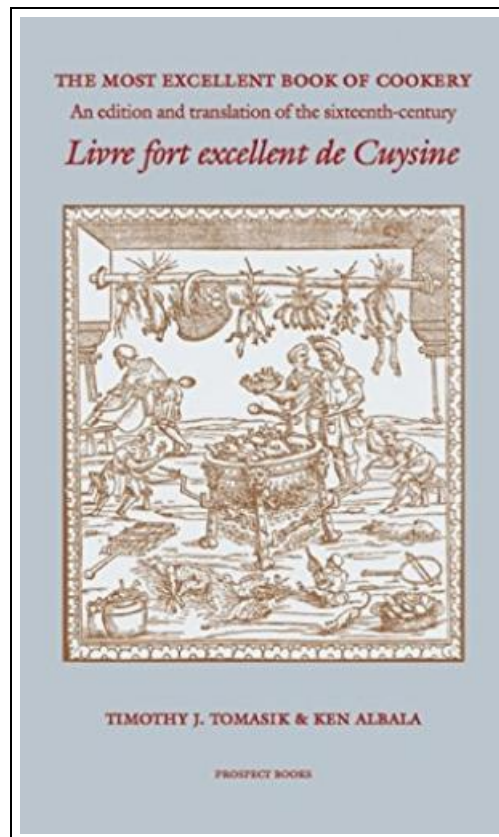


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(Antonia Lindgren II)

THE MOST EXCELLENT BOOK OF COOKERY: AN EDITION AND TRANSLATION OF THE 16TH-CENTURY LIVRE FORT EXCELLENT DE CUYSINE



Prospect Books. Paperback. Book Condition: New. Paperback. 192 pages. Dimensions: 8.5in. x 5.4in. x 1.0in. The Livre fort excellent de cuisine is one of a family of cookery books that first saw the light with Pierre Sergents La Fleur de toute cuisine (renamed Le Grand cuisinier de toute cuisine) of 1542. This edition of the Livre fort excellent was published in 1555. Scholars have often dismissed the printed cookbooks of 16th-century France as simple rehashes of the great medieval Viandier of Taillevent or as merely concentrating on marginal dishes such as sweets and sugarwork. True French cooking, they say, did not start until the publication of Le Cuisinier françois by La Varenne in 1651. While there is some truth in this, the translators and editors of this book would maintain that the change from medieval to modern (already under way in Italy and Spain for example) can be dated back to this book and its kindred; that it was more than a plagiaristic copy. The Livre fort comprises about 70 pages of original French, with an English translation on facing pages. The translation is the work of Timothy J. Tomasik, Associate Professor of French, Valparaiso University, Indiana; an historical introduction discussing the culinary significance of the work is by Ken Albala, Professor of History at the University of the Pacific, Stockton, California. Professor Tomasik has translated other contemporary gastronomic texts and has written many articles on the French table in the Renaissance, and co-edited the volume *At the Table: Metaphorical and Material Cultures of Food in Medieval and Early Modern Europe*. Professor Albala is the author of *Eating Right in the Renaissance* and a leading light in historical food studies here and in America. He is editor of the journal *Food, Culture and Society*. This item ships from multiple locations. Your...

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