



Jane Savoie s Dressage 101: The Ultimate Source of Dressage Basics in a Language You Can Understand (Paperback)

By Jane Savoie

TRAFALGAR SQUARE, United States, 2011. Paperback. Condition: New. Reprint. Language: English . Brand New Book. New equestrians are handed the keys to a deeper level of communication and harmony with their horses in this great starter guide to dressage. With her lighthearted style, Jane Savoie takes the mystery out of training and shows how dressage techniques can be used to improve every horse s athleticism, performance, and well-being, regardless of the rider s chosen sport. Starting from the building blocks of dressage--forward, straight, rhythm, gait, and contact--this handbook delivers an excellent starting point for neophytes. Simple details for flatwork, explanations of the process of suppling, a sample schooling session, and chapters on troubleshooting pesky problems are all clearly presented for the rider with little or no dressage experience. Hundreds of photos, diagrams, and drawings are also included to enliven the text. Dressage sometimes gets a bad rap. To many, dressage theory comes off as complex and antiquated, and dressage training as arduous and frustrating. Famous classical texts can be heavy reading and hard to understand. But the benefits of dressage are enormous, for both the rider and the horse, and for all disciplines--so how to make it less of a struggle,...



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Reviews

A superior quality book along with the font employed was exciting to see. It is one of the most amazing book i have got read through. You wont really feel monotony at anytime of the time (that's what catalogs are for about in the event you ask me).

-- **Santina Sanford**

It is great and fantastic. I have go through and i am sure that i will likely to study again once again later on. I am just easily could possibly get a enjoyment of looking at a published book.

-- **Tad Stanton Sr.**