



control of hypertension to enjoy the good life (Version 3)

By GUO JI ZHEN

paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment. Paperback. Pages Number: 208 Publisher: People's Health Publishing House Pub. Date: 2011-06-01. controlled hypertension enjoy the good life (Version 3) Language brilliant twist of nostalgia: the popular rhetoric. people never forget. Financial authority. scientific. informative. interesting and practical as a whole. may be called the masterpiece of public health education. medical science books of the fine. Contents: The first part of the build to prevent the development of hypertension and the protective wall 1 from hypertension. one 8-word motto: low-salt (2) away from the blood pressure of two 8-word motto: anti-fat 3 from high blood pressure 8 The third word mantra: decompression 4. away from the 8-word motto of the four blood pressure: limited wine 5 to eliminate risk of hypertension in the four partners of: high blood cholesterol 6 to eliminate risk of hypertension in four partners of the two: obese 7 to eliminate risk of hypertension in four partners of the three: diabetes. 8 to eliminate risk of hypertension in four of four partners: the second part of the early detection of smoking and hypertension...



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