



## Cooking Made Easy

By Deepa S. Phatak & Shyam Phatak (Authors)

V & S Publishers, New Delhi, India. Softcover. Book Condition: New. The book is meant for the beginners, particularly those who are clueless about cooking. It is also for people who are fed up of eating out all the time and for working bachelors who like to eat out everyday but cannot afford to! And also for the smart working woman who is not yet smart in cooking. Unlike other cookery books dealing only with recipes, this book also teaches the aspiring cooks how to identify the ingredients and recognise the importance of a pleasing presentation. It imparts tips on healthy habits. It also explains the significance of herbs, nuts and sprouts, which are healthy and nutritious. On the lighter side, readers are told about some funny food facts and interesting definitions and expressions on eating and cuisine. An exclusive chapter on microwave ovens dispels any lingering concerns the readers might have about their so-called harmful effects. Read this book once and food will never taste bland ever again! Some Glimpses: \*Identifying the ingredients: What are cereals,pulses,dairy products etc. \*Tips on Healthy Habits: Eat fresh,not fried.Calorie Count.Be fit,not fat \*Cooking Queries: What is Sabudana?.How to check the quality of a...



**READ ONLINE**  
[ 3.56 MB ]

### Reviews

*Thorough information! Its this kind of very good read. It is written in basic words and not hard to understand. You wont feel monotony at anytime of your respective time (that's what catalogues are for regarding should you question me).*

*-- Roel Bogisich Sr.*

*This publication can be really worth a go through, and superior to other. It is amongst the most amazing publication we have go through. You wont feel monotony at anytime of your own time (that's what catalogues are for about when you request me).*

*-- Ms. Elda Schaden MD*

## See Also



### **Dont Line Their Pockets With Gold Line Your Own A Small How To Book on Living Large**

Madelyn D R Books. Paperback. Book Condition: New. Paperback. 106 pages. Dimensions: 9.0in. x 6.0in. x 0.3in.This book is about my cousin, Billy a guy who taught me a lot over the years and who can teach you a lot. Everyone who...



### **Luna Alook s Funny Food Book**

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. Apoorva Dingar (illustrator). Large Print. 216 x 216 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Luna Alook s Funny food book is about some of the different...



### **Boredom Busters: Lots of Exciting Kids' Projects That Will Banish Boredom for Ever**

How To Books Ltd, 2002. Paperback. Book Condition: New. Shipped from the UK within 2 business days of order being placed.



### **Read Write Inc. Phonics: Purple Set 2 Non-Fiction 4 What is it?**

Oxford University Press, United Kingdom, 2016. Paperback. Book Condition: New. 215 x 108 mm. Language: N/A. Brand New Book. These decodable non-fiction books provide structured practice for children learning to read. Each set of books is carefully levelled to match childrens growing...



### **A Friend in Need Is a Friend Indeed: Picture Books for Early Readers and Beginner Readers**

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.LIKE Publishing presents its Reader series. Based on famous proverbs, these readers teach important morals to beginning readers. Suitable for...



### **What is in My Net? (Pink B) NF**

Pearson Education Limited. Book Condition: New. This title is part of Pearson's Bug Club - the first whole-school reading programme that joins books and an online reading world to teach today's children to read. In this book, Zac and Daisy are fishing....