



Undo: How to Undo Your Past and Plan Your Future (Paperback)

By Matthew K Powell

48f Publishing, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. This isn't your usual planning and growth book! This is a book that asks you to participate in your future, not just list out a few goals! INCLUDES A 40 PAGE FOLLOW ALONG WORKBOOK! In a step-by-step guide to planning your next year, and life, Matt Powell asks an important question other personal growth planning books never ask: what if you are choosing the wrong goals? Having taught thousands of students and selling thousands of books on learning methods, Matt brings his systematic approach to achieving goals and changing your future. The best planning process in the world won't help you if you are choosing the wrong goals. After cutting through the reality of the why we fail instead of the what we fail doing, Matt shows you how to stop failing in the future, a full proof method of choosing the right goals, and then build on your success. Accompanied by a 40 page workbook that follows Undo step-by-step, Matt gives you one of the most in-depth how to methods you've ever experienced. taking you from last year...



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