



Adulting Like a Boss: Your Grown-Up Survival Guide (Paperback)

By Laura Thomae Young

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Whether you want to take charge of your finances, career, relationships, or health, Laura Thomae Young s Adulting Like a Boss will give you the kick in the pants you need to become a self-sufficient adult. Drawing on dozens of interviews with 20-somethings and her own experience in the real world, Young paves the roadway for navigating the adult life. With equal parts motivation and how-to, Young provides action steps, thought-provoking questions, resources, and worksheets to enable you to become the boss of your own life. In Adulting Like a Boss, you ll learn: How to engage in meaningful work How to form healthy habits A 5-step plan for conquering your finances Everything you need to know about filing taxes Tips for buying your first home The importance of those doctor and dentist checkups How to suck it up and do the hard thing Adulting Like a Boss is for the recent grad being unleashed into the real world, the 20-something who feels like they should have it all together, and those of us who still don t know how to...



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