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PUT ME IN COACH: I'M READY TO LIVE



LAP Lambert Academic Publishing Jun 2012, 2012. Taschenbuch. Book Condition: Neu. 220x150x6 mm. This item is printed on demand - Print on Demand Neuware - While most specialists in the health field employ medical and psychological strategies (i.e., cognitive behavioral therapy, medication, biofeedback) to address and improve the quality of life of individuals suffering from stress, depression, addictions, etc., life coaches/personal development experts use alternative techniques to address these issues. To date, no published studies have researched the long-term outcome...

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- Authored by Barbara Fralinger
- Released at 2012



Reviews

It is really an remarkable ebook that we actually have ever read through. I actually have study and i also am confident that i am going to gonna study once more yet again in the foreseeable future. It is extremely difficult to leave it before concluding, once you begin to read the book. -- Ewell Rempel

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