



The Fattening of America: How The Economy Makes Us Fat, If It Matters, and What To Do About It

By Finkelstein, Eric A.; Zuckerman, Laurie

Wiley, 2008. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: Introduction: Answering the Age-Old Question: Why Is Uncle Al So Fat? Chapter 1 Craze or Crisis? So Why Now? My Soccer Team Eats Oranges. So How about Adults? Are We Gaining, Too? A Growing Waistline Can Be Bad for Your Health. But Are We the Only Ones Gaining Weight? The Longer You Stay, the Bigger You Get. Chapter 2 I'll Take a Deep-Fried Coca-Cola. First Things First. Cheap Food Gets Cheaper. The Rise of French-Fried Potatoes. Please Pass the High-Fructose Corn Syrup. A Full Pound of Sausage, Bacon, and Ham: Have a Meaty Morning. Too Much of a Good Thing. Kids Are Also Drinking the Kool-Aid. When Is Enough Enough? Chapter 3 Why We're Moving Less (Hint: It's Not Just the La-Z-Boy). But I Don't Have Time! Not Quite the Jetsons, But . . . Just Be a Marathon Runner. We're Not Farmers Anymore. Sprawling Out. Our Kids Are Also Slowing Down. Wrapping It Up. Chapter 4 So Where Else Can We Lay the Blame? Blame Mom and Dad. Then Just Blame Mom (You Know You Will Anyway). Blame the Meds. Blame the...



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