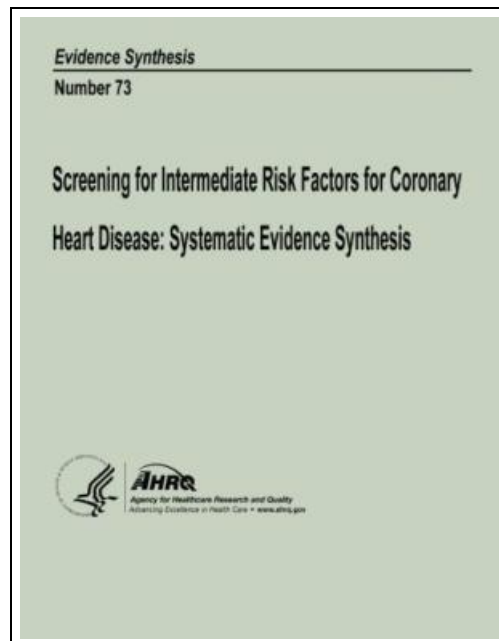


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Createspace. Paperback. Book Condition: New. This item is printed on demand. Paperback. 166 pages. Dimensions: 11.0in. x 8.5in. x 0.4in. In the United States, coronary heart disease (CHD) and cardiovascular disease (CVD) account for nearly 40 of all deaths each year. Several risk factors for CHD and CVD, such as tobacco use, elevated low-density lipoprotein cholesterol (LDL-C), hypertension, hypercoagulable states, and obesity, are modifiable. Identifying individuals at risk, encouraging therapeutic lifestyle changes, and, when appropriate, initiating drug treatment to reduce LDL-C, are highly effective measures to reduce an individuals risk of coronary events and stroke. An individuals risk for CHD events (or sometimes CVD events) guides the intensity of LDL-C lowering and other interventions. For this reason, assessing an individuals risk plays an important role in initiating measures to modify risk. Several risk stratification systems are available for this purpose. We conducted a systematic review of epidemiologic studies of certain emerging risk factors to help the US Preventive Services Task Force (USPSTF) determine which, if any, factors should be incorporated into guidelines for coronary and cardiovascular risk assessment in primary care. The USPSTF selected all but one of the risk factors examined in this report. After a preliminary literature review, the authors of the report added one factor, periodontal disease. The population of interest for this review consists of asymptomatic adults who are identified as being intermediate risk after calculating the Framingham risk score. This target population excludes individuals with diabetes, coronary disease, peripheral vascular disease, and other individuals who have a predicted 10-year risk of hard coronary artery disease (CAD) events greater than 20. Figure 1 shows that, after testing with one of the emerging risk factors, some intermediate-risk individuals are reclassified as high-risk (greater than 20 risk of hard CAD events over 10 years) or low-risk (less than 10...

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