

Know Yourself Like Your Success Depends on It (Paperback)

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Reviews

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Createspace Independent Publishing Platform, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand ******. The first step to success: really, truly and ultimately know thyself. What if you never procrastinated again? What if you knew your priorities with crystal clarity and were always aware of the path to achieve your goals? What if you discovered all obstacles and struggles in advance and prepared for them? What if you were always motivated to hustle along a success path? Amazon bestselling author Michal Stawicki presents an easy self-analysis process which allowed him to shed excess weight, save additional \$10,000 in three years, learn new skills and, well, become a bestselling author in the crowded self-help market. Following the guidance of the giants before him - including ancient sages (Socrates), CEOs (Tony Stubblebine) and icons of modern online business (Pat Flynn) - Michal answers the question: how can you in today busy world discover and follow your strengths? Michal uses a no nonsense approach, so this book will get you up to speed fast. If you want to succeed, you need to become aware of your vices and strengths. Even if you haven t dedicated a single thought to the matter of self-discovery for the past 10 years, you can learn how to perform daily self-analysis. In Know Yourself Like Your Success Depends on It you Il learn: - Why you already have enough within you to get success -How to harness 6 simple self-analysis techniques -How you can make these techniques an integral part your life. (Hint: there are no willpower struggles required.) -What s the most common habit among successful people -How to get a grip on self-talk -How to start and stick with a meditation habit. (Try it Michal s way, even if you ve failed...

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